

# Beautiful You LLC

## Tanning Pre/Post Care

Here are a few tips for you to have the best experience with your spray tan.

### Before you tan:

- Shower, Shave, and Exfoliate prior to appointment (pay special attention to drier areas; elbows, knees, and ankles) prior to appointment.
- Avoid lotions, oils, perfumes, deodorant and make-up between your shower and your spray tan appointment.
- Have hair pulled back away from face and no jewelry if possible.
- Expect your session to last about 20-30 minutes.
- We provide disposable underwear but not tops, you may wear those, bring your own suit or tan in the buff.

### • After you tan:

- Change into loose fitting clothing – dark colors.
- Bring a dark towel with you to sit on in your car.
- Wait at least 8 hours before taking a short lukewarm shower (rinsing only until water is clear) and then pat dry.
- Moisturize well after your initial shower and every day after, to help your tan last the longest. You may use a moisturizer with a self tanner.
- Try to avoid sweating, doggie kisses, and water until your initial shower. Yes, that means no cleaning or dishes!

**Moisturize everyday to make your tan last longer.**

# Beautiful You

## SPRAY TANNING CONSENT FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Birth date: \_\_\_\_\_

Have you received a spray tan or applied a sunless tanner before? Yes or No

List any known allergies: \_\_\_\_\_

Any related to Dihydroxyacetone (DHA)? Yes or No

Do you have any skin conditions? Yes or No

If yes, please list: \_\_\_\_\_

Do you have any respiratory illnesses? Yes or No

Are you or could you be pregnant? Yes or No

Are you under a doctor's care presently? Yes or No

If yes, please list the medical condition: \_\_\_\_\_

Please read, understand and sign the following:

DHA is listed in the Food, Drug and Cosmetic Act (FD&C Act) as a color additive for use in imparting color to the human body. However, its use in cosmetics – including sunless “tanning” products – is restricted to external application. According to CFR, “externally applied” cosmetics are those ‘applied only to external parts of the body and not to the lips or any body surface covered by mucous membrane” (21 CFR 70.3v).

- DHA reacts with the skin's amino acids resulting in a “tan” similar looking to that of the sun. The darker you can tan naturally, the darker you can tan with a spray tan. Like most cosmetics, avoid exposure to the eyes, lips, and other parts of body covered with a mucous membrane. This should be accomplished by follow the staff's breathing instructions as to avoid inhaling or ingesting the sunless product and by applying a barrier cream.
- Your spray tan should last 5-7 days depending on your skin type and how well you take care of your sunless tan. It's very important to keep your skin moisturized after your spray tan, avoiding long baths or showers and hot tubs. Salt water exposure or a chlorinated pool can also shorten your spray tan.

- Be advised there may be a small percentage of individuals whose skin does not react favorably to spray tanning. Some medications such as birth control pills, hormone replacement medications, or antibiotics may alter your tan. Please consult with your technician if you have any questions.
- Following the spray tan session, please avoid: tight clothes, excessive perspiring, leather seats, and do not shower for the recommended amount of time. Some fabrics may be stained by the spray tanning solution, please use caution and care.
- All ingredients in the product used in this procedure are intended for cosmetic use and generally regarded as safe. There are, however, occasions where individuals may be allergic to one or more ingredients in the spray tan solution. If this occurs, shower and discontinue use. If severe reaction, contact a physician. You may ask to see the ingredients prior to application.
- Be advised we do NOT advise being sprayed for photographic sessions, modeling assignments, weddings, etc. *unless you have had a trial spray tan with us.*

WARNING – This product does not contain a sunscreen and does not protect against sunburn. Repeated exposure of unprotected skin may increase the risk of skin aging, skin cancer and other harmful effects to the skin even if you do not burn.

I have read the contents of this consent form carefully and state that I am not aware of any medical condition, allergies, or other reason that would prohibit me from sunless tanning. I have been given adequate instructions for the proper use of the sunless application, understand the risks involved, and use it at my own risk. I hereby agree to release the owners, operators and manufacturers from any damages that I might incur due to the use of this facility. I have been advised to discontinue use if any reaction occurs.

I have read and completely understand this consent form.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I HEREBY GIVE MY PERMISSION as parent or guardian of

\_\_\_\_\_ who is \_\_\_\_\_ years of age (permission required if under and hereby agree to accept all of the provisions.

\_\_\_\_\_ Date: \_\_\_\_\_

# Cancellation Policy

In effort to use our business hours more efficiently, Beautiful You is now enforcing a cancellation policy. While consideration will be given to extenuating circumstances, we ask that you give us 24 hours notice if you cannot make your appointment.

As always, we value your business and thank you for choosing us.

I understand that a **\$25.00 cancellation fee** will be charged if I do not show up for my appointment or fail to cancel my scheduled appointment without giving a 24 hour notice.

\_\_\_\_\_ (signature) \_\_\_\_\_ (date)

# Online Deals

So that Beautiful You is able to keep giving our clients the best deals in town, we want to make you aware of the fine print in most online deal specials. Most of the fine print states **"FOR NEW CLIENTS ONLY."** We always value your business and if you ever see an online deal through a deal site such as Groupon, Living Social, Amazon Local, etc. for Beautiful You, give us a call and we will be happy to match that pricing. Sometimes you may even get a better deal!

As always, we value your business and thank you for choosing us.

# Referral Program

We know the best form of advertising is word of mouth. If you love our services, your friends will too! **For every new person you refer to us that purchases a laser hair removal package from us, we will give you a credit of \$25.00 to use for future services! If they purchase a spray tanning package you will receive a free spray tan.**

The only requirements are that your friend must give us your name at the time of their first visit and they must purchase their services directly from Beautiful You.